



Well Fed: Holy Food for a Reconciled Life

Table Topics for Week 4 of Lent 2020

Do you or have you ever had a sense of needing or wanting permission to be fed?

Are you more likely to understand discipleship as feeding others, being fed, or a combination of both?

Who offered permission or how have you obtained permission to be fed?

Jesus shared with his disciples on Maundy Thursday that they are to "love one another as I have loved you. By this everyone will know you are my disciples." How does this mandate offer permission to be fed? How is your faith informed or not by this new mandate?

What feelings and thoughts come with the recognition that you need to be fed?

How does being fed in addition to feeding others challenge the way you currently live your faith?

Is being fed part of the way you understand and live your discipleship? If so, how? If being fed is not part of your discipleship, what/how is your ministry sustained?

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

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