



Well Fed: Holy Food for a Reconciled Life

Table Topics for Week 1
of Lent 2020

What do you hunger for?

What resources do you *have* to satisfy your hunger?
For example, money, time, ability, transportation.

What resources do you *need* to satisfy your hunger?
For example, money, time, ability, transportation.

Who and/or *where* do you go to for help in satisfying your hunger?

Who are the hungry people in your life (family, friends, and neighbors)?

Where do you go to “be fed”?

What does being “well fed” mean to you?

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

Print 2-sided on card stock or standard paper and cut at black lines.

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.

Share your responses and reflections with a community of others studying the same topic.

Go to www.dioet.org/well-fed/ to write, share photos, or share a 1-minute video.